

European Aerial Dance Festival

8th - 19th August at The Point, Eastleigh

The EADF is an inclusive festival providing engagement with aerial dance for people of all levels & abilities.

Week 1 5 day courses: Tuesday 8th - Saturday 12th August

All levels Explorers / Improvers Skilled / Advanced Advanced

Times	SPACE A Stage	SPACE B Auditorium	SPACE C Dance Studio	SPACE D Creation Space	SPACE E Energy Centre	SPACE F Studio Theatre
9.00- 10.00am	Warm Up Personal warm up space	Warm Up VAYU Aerial Yoga SOLD OUT AP	Warm Up Yoga KJ	Warm Up Dance ML		
10.15 - 11.45am	Vertical Dance (wall harness) SOLD OUT KC/SG	Aerial Dance Trapeze SP/SH	Gyrokinesis AP	Aerial Dance Harness LB	Cyr Wheel MG/SB	
12.00 - 1.30pm	Cocoon KC/ML	Aerial Dance Trapeze CM/SG		Fabric AP/SH	Cyr Wheel MG/SB	
1.30 - 2.30pm	LUNCH	LUNCH	Warm Up / Down Contact Dance ML	LUNCH	Cyr Wheel Lab 2pm - 3.30pm MG/SB	
2.30 - 4.00pm	Vertical Dance Tech and Rep LB	Counterweight Harness CM/KC		Corde Lisse SP/SH		
4.15 - 5.45pm	Act Refinement Week 1 only SP	Counterweight Harness Lab CM/KC	Acrobatics & Hand Balance MG	Act Creation Two week course LB/ML		
6.00 - 7.30pm	Fabric Week 1 only, incl warm down 7.30 - 8pm LB	Aerial Fabric/Cocoon Counterbalance Duets and Creative Play CM	Warm Down Partner massage & stretching ML	Act Refinement Week 1 only, incl warm down 7.30 - 8pm AP		Hula Hoop SH
7.30 - 8.30pm			Warm Down Personal warm down space available until 8pm	Warm Down Flexibility SP		

Weekend Courses: Week 1

Sunday 13th 10am - 5.30pm
Sunday 13th 6.30pm - 8pm

Act Refinement
Public Performance

Professional Aerial Clinic
One day course
ML/SP/AP

Tutors			
LB	Lindsey Butcher	MG	Mark Glover
ML	Magalie Lanriot	SG	Suzon Gheur
AP	Ana Prada	SH	Shereen Hussain
SP	Sarah Poole	KJ	KJ Mortimer
CMC	Chantal McCormick	SB	Sarah Blanchard
KC	Kat Cooley		

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The EADF is an inclusive festival providing engagement with aerial dance for people of all levels & abilities.

Week 2 5 day courses: Monday 14th - Saturday 19th August

All levels

Explorers / Improvers

Skilled / Advanced

Times	SPACE A Stage	SPACE B Auditorium	SPACE C Dance Studio	SPACE D Creation Space	SPACE E Energy Centre	SPACE F Studio Theatre
9.00- 10.00am	Warm Up Personal warm up space	Warm Up VAYU Aerial Yoga SOLD OUT AP	Warm Up Yoga KJ	Warm Up Dance ML		
10.15 - 11.45am	Vertical Dance (wall harness) SOLD OUT KC/SG	Aerial Dance Trapeze SP/SH	Gyrokinesis AP	Aerial Dance Harness LB	Cyr Wheel MG/SB	
12.00 - 1.30pm	Cocoon KC/ML	Aerial Dance Trapeze CM/SG		Fabric AP/SH	Cyr Wheel MG/SB	
1.30 - 2.30pm	LUNCH	LUNCH	Warm Up / Down Contact Dance ML	LUNCH	Cyr Wheel Lab 2pm - 3.30pm MG/SB	
2.30 - 4.00pm	Vertical Dance Tech & Rep SOLD OUT LB	Counterweight Harness SOLD OUT CM/KC		Corde Lisse SP/SH		
4.15 - 5.45pm	Aerial Dance Trapeze Creative Lab Week 2 only SP	Counterweight Harness Lab CM/KC	Acrobatics & Hand Balance MG	Act Creation Two week course LB/ML		
6.00 - 7.30pm	Vertical Dance Creative Lab Week 2 only, incl warm down 7.30 - 8pm LB	Fabric Lab Week 2 only, incl warm down 7.30 - 8pm AP	Warm Down Partner massage & stretching ML	Performance Lab to Act Creation Week Two only CM		Hula Hoop SH
7.30 - 8.30pm			Warm Down Personal warm down space available until 8pm	Warm Down Flexibility SP		

Weekend Course: Week 2

Saturday 19th
6.30pm

Act Refinement
Public Performance

Tutors

LB Lindsey Butcher	MG Mark Glover
ML Magalie Lanriot	SG Suzon Gheur
AP Ana Prada	SH Shereen Hussain
SP Sarah Poole	KJ KJ Mortimer
CMC Chantal McCormick	SB Sarah Blanchard
KC Kat Cooley	